

Township of La Vallee

Newsletter

Landfill Hours:

Tuesday & Thursday 1:00 p.m. to 7:00 p.m.

Saturday 9:00 a.m. to 3:30 p.m.

CLOSED ON ALL PUBLIC HOLIDAYS

Website: lavallee.ca

Telephone: (807)486-3452

March 24, 2020

Municipal Office

The Municipal office is closed to the public. If you require assistance with anything please call the office at 486-3452. Updates will be posted on our face book page and/or website at lavallee.ca.

Bids

The Township of La Vallee is accepting bids on the following projects:

Bid 20-01: Replacement of the concrete slab on south side of the Municipal Office and Garage.

Bid 20-02: Roof repair on east side of Municipal Building and replacement of 6 windows.

Bid 20-03: Repair to north wall of Municipal Building/Garage Building to improve drainage.

Closing date is April 8, 2020 at 12:00 p.m. (noon). All information/specifications and Bid Forms can be obtained from the Municipal Office. Please call 486-3452 for details on how to obtain documents.

Landfill

During this time we ask that when you go to the landfill that you practice social distancing and do not get out of your vehicle and approach the landfill attendant. The attendant will ask to see your landfill card from a distance and/or will ask you your number.

Building Permits

A reminder as the building season is approaching that all building in the municipality requires a building permit. If you have questions either call the Municipal Office at 486-3452 or contact the Chief Building Official at 276-0473.

Northwestern Health Unit: Media Release

(See back page)

MEDIA RELEASE



Northwestern
Health Unit

www.nwhu.on.ca

For immediate release

March 18, 2020

NWHU supports social distancing practices

Northwestern Health Unit (NWHU) recommends that everyone in our area practice social distancing to help protect our communities and to keep others healthy. Implementing social distancing early is critical to help reduce the risk of COVID-19 in our communities.

The provincial-wide closures of public settings are meant to “flatten the curve”, or prevent a large number of people from getting sick at the same time. “By limiting contact with others, it helps minimize the burden on the health care system by ensuring not everyone needs care at once”, says **Dr. Ian Gemmill**, Acting Medical Officer of Health at NWHU.

How to practice social distancing:

- Avoid crowded public spaces.
- Stay two metres from others in public spaces.
- Avoid physical contact with others, including handshakes.
- If possible, ask your employer about options to work from home.
- When possible, spend time outside and in settings where you can maintain a two metre distance from others.
- If you are sick, stay home.
- If you have recently traveled outside of the country or had close contact with a confirmed COVID-19 case, stay home.
- Limit contact with older individuals or those with chronic health conditions.
- If you are high risk, avoid contact with those who are more likely to transmit illnesses such as small children.

Social distancing does not mean “you must stay in your home”. You can still go outside to walk, go to the park, or go to the store; just use the precautions above when doing so. Remember you can always connect with family and friends using technology as well.

NWHU supports the recent closures of community services and businesses to help social distancing efforts. While you might not feel sick, and these measures can disrupt your normal routine, it is important that we follow them to help prevent the spread of COVID-19, especially to our vulnerable populations. We are all in this together.

As a social distancing measure, some NWHU services have been suspended as well. A list of such services can be found at www.nwhu.on.ca.

Visit Ontario's [website](#) to learn more about how the province continues to protect Ontarians from COVID-19.